From Start	To Finish	Description	Description	Feature
0.0	149.6	Start/Ryehill Demense	Ryehill Demense	Ryehill Demense
0.0	149.6	Neutral Rollout (for 300m)	Rolling start	L3110
1.7	147.9	Mullagh Hill T-junction	Left at junction onto R339	Left at junction onto R339 towards Derrylissane
6.0	143.6		Straight through Garbally	Pass through Garbally
7.3	142.3	Straight through Garbally	Right turn into Old Bog Road Sector	Right turn into Old Bog Road Sector
2		Old Bog Road Sector Entrance	Gravel Sector (2.3 km long)	Narrow Gravel Bog Road with twists
9.6	140	Gravel Sector	Right Turn onto R339	Right Turn onto R339
12.5	137.1	Old Bog Road Sector Exit		
		Straight through Menlough Village	Straight through Menlough Village	Pass through Menlough Village
15.3	134.3	Left at junction onto L2306	Left at junction onto L2306	Left towards Killascobe
18.7	130.9	Killascobe Graveyard	Straight past Killascobe Graveyard	Straight past Killascobe Graveyard
25.0	124.6	Dempseys Cross	Left turn onto N63	Left turn onto N63
26.6	123	Horseleap Cross	Left Turn staying on N63	Left Turn towards Abbeyknockmoy
29.7	119.9	Moyne Park (Enter)	Right turn into Moyne Park Estate	Yellow house with yellow concrete fence
2		Gravel Sector	Gravel Sector (2.4km long)	Caution: Loose gravel road & Courtyard
32.1	117.5	Moyne Park Exit	Re-join local road out of estate	Straight
33.2	116.4	Killerin Cross	Straight through crossroads	Killererin crossroads
35.6	114	Cahergal School	Left at School	Left at School
38.1	111.5	Arenberg Sector Entrance	Left turn into Gravel Sector (2.8 km long)	Left turn
2		Gravel Sector	Gravel Sector (2.8km long)	Narrow gravel bog road
39.9	109.7	Arenberg Sector Exit	Right turn towards Abbeyknockmoy	Right turn T junction
41.5	108.1	Carrefour Entrance	Right onto Sector (2.2 km long)	Right turn at Sector Entrance
2		Gravel Sector	Gravel Sector (2.2 km long)	Narrow gravel bog road
43.7	105.9	Carrefour Exit	Right onto secondary road	Right turn off Sector
45.0	104.6	Unnamed Junction 1	Left turn onto main road	Left turn onto main road
45.8	103.8	Ballyglunin Junction Crossroads	Straight through crossroads	Straight through crossroads
47.3	102.3	The Palm Tree Crossroads	Left turn onto the Athenry Road towards Annagh Cross	Left Turn
50.0	99.6	Annagh Cross	Right turn onto Annagh Hill	Right turn T junction
50.8	98.8	Clover Park Sector Entrance	Right onto gravel road	Right onto gravel road
÷		Gravel Sector	Gravel Sector (2.1 km long)	Farm track with grass centre & Gravel road
51.8	97.8	Clover Park Tunnel	Left turn with hay bales protecting concrete wall	Caution: Left turn into narrow tunnel
51.9	97.7	Clover Park Tunnel Exit	Left onto gravel road	Left turn exiting tunnel
52.9	96.7	Clover Park Sector Exit	Right exit from sector	Right onto descent towards Turloughmore Roundabout
53.4	96.2	Turloughmore roundabout	Left at first exit onto N63	Left onto N63
54.1	95.5	Motorway mini-roundabout one	Straight through Roundabout	Straight through Roundabout
54.2	95.4	Motorway mini-roundabout two	Straight through Roundabout	Straight through Roundabout
54.9	94.7	Right turn onto R3467 towards Athenry	Right turn onto R3467	Right turn onto R3467
63.2	86.4	Cussaun Cross	Left turn onto R339 towards Monivea	Left turn onto R339
69.1	80.5	Monivea Village	Straight through Monivea Village	Straight through Monivea Village
69.4	80.2	Monivea Cross	Left turn at Monivea Cross towards Mullagh Hill	
71.4	78.2	Mullagh Hill	Continue straight R339	R339 towards Derrylissane
75.7	73.9	Straight through Garbally	Straight through Garbally	Pass through Garbally
76.9	72.7	Old Bog Road Sector Entrance	Right turn into Old Bog Road Sector	Right turn into Old Bog Road Sector
÷		Gravel Sector	Gravel Sector (2.3 km long)	Narrow Gravel Bog Road with twists
79.3	70.3	Old Bog Road Sector Exit	Right Turn onto R339	Right Turn onto R339
82.4	67.2	Straight through Menlough Village	Straight through Menlough Village	Pass through Menlough Village
85.0	64.6	Left at junction onto L2306	Left at junction onto L2306	Left towards Killascobe
88.4	61.2	Killascobe Graveyard	Straight past Killascobe Graveyard	Straight past Killascobe Graveyard
94.8	54.8	Dempseys Cross	Left turn onto N63	Left turn onto N63
96.8	52.8	Horseleap Cross	Left turn	Left turn
99.6	50	Moyne Park (Enter)	Right turn into Moyne Park Estate	Yellow house with yellow concrete fence
2		Gravel Sector	Gravel Sector (2.4km long)	Caution: Loose gravel road & Courtyard
102.1	47.5		Re-join local road out of estate	Straight
103.3	46.3	Moyne Park Exit	Straight through crossroads	Killererin crossroads
105.6	44	Killerin Cross	Left at School	Left at School
108.3	41.3	Cahergal School	Left turn into Gravel Sector (2.8 km long)	Left turn
	11.0	Arenberg Sector Entrance Gravel Sector	Gravel Sector (2.8km long)	Narrow gravel bog road
<u> </u>				
111.1	38.5		Right turn towards Abbevknockmov	Right turn T junction
111.1	38.5	Arenberg Sector Exit	Right turn towards Abbeyknockmoy	Right turn T junction
111.1 111.6	38.5 38	Arenberg Sector Exit Carrefour Entrance	Right onto Sector (2.4 km long)	Right turn at Sector Entrance
111.1 111.6	38	Arenberg Sector Exit Carrefour Entrance Gravel Sector	Right onto Sector (2.4 km long) Gravel Sector (2.4 km long)	Right turn at Sector Entrance Narrow gravel bog road
111.1 111.6	38 35.6	Arenberg Sector Exit Carrefour Entrance Gravel Sector Carrefour Exit	Right onto Sector (2.4 km long) Gravel Sector (2.4 km long) Right onto secondary road	Right turn at Sector Entrance Narrow gravel bog road Right turn off Sector
111.1 111.6	38 35.6 34.5	Arenberg Sector Exit Carrefour Entrance Gravel Sector Carrefour Exit Unnamed Junction 1	Right onto Sector (2.4 km long) Gravel Sector (2.4 km long) Right onto secondary road Left turn onto main road	Right turn at Sector Entrance Narrow gravel bog road Right turn off Sector Left turn onto main road
111.1 111.6 114.0 115.1 116.1	38 35.6 34.5 33.5	Arenberg Sector Exit Carrefour Entrance Gravel Sector Carrefour Exit Unnamed Junction 1 Ballyglunin Junction Crossroads	Right onto Sector (2.4 km long) Gravel Sector (2.4 km long) Right onto secondary road Left turn onto main road Straight through crossroads	Right turn at Sector Entrance Narrow gravel bog road Right turn off Sector Left turn onto main road Straight through crossroads
111.1 111.6 114.0 115.1 116.1 117.4	38 35.6 34.5 33.5 32.2	Arenberg Sector Exit Carrefour Entrance Gravel Sector Carrefour Exit Unnamed Junction 1 Ballyglunin Junction Crossroads The Palm Tree Crossroads	Right onto Sector (2.4 km long) Gravel Sector (2.4 km long) Right onto secondary road Left turn onto main road Straight through crossroads Left turn onto the Athenry Road towards Annagh Cross	Right turn at Sector Entrance Narrow gravel bog road Right turn off Sector Left turn onto main road Straight through crossroads Left Turn
111.1 111.6 114.0 115.1 116.1 117.4 120.2	38 35.6 34.5 33.5 32.2 29.4	Arenberg Sector Exit Carrefour Entrance Gravel Sector Carrefour Exit Unnamed Junction 1 Ballyglunin Junction Crossroads The Palm Tree Crossroads Annagh Cross	Right onto Sector (2.4 km long) Gravel Sector (2.4 km long) Right onto secondary road Left turn onto main road Straight through crossroads Left turn onto the Athenry Road towards Annagh Cross Right turn onto Annagh Hill	Right turn at Sector Entrance Narrow gravel bog road Right turn off Sector Left turn onto main road Straight through crossroads Left Turn Right turn T junction
111.1 111.6 114.0 115.1 116.1 117.4	38 35.6 34.5 33.5 32.2	Arenberg Sector Exit Carrefour Entrance Gravel Sector Carrefour Exit Unnamed Junction 1 Ballyglunin Junction Crossroads The Palm Tree Crossroads	Right onto Sector (2.4 km long) Gravel Sector (2.4 km long) Right onto secondary road Left turn onto main road Straight through crossroads Left turn onto the Athenry Road towards Annagh Cross	Right turn at Sector Entrance Narrow gravel bog road Right turn off Sector Left turn onto main road Straight through crossroads Left Turn

149.6	0	Finish	Finish	Finish Line: Caution finishes on sector
2		Gravel Sector	Narrow Farm Track/Sector (0.35 km long)	Narrow farm track with grass centre
149.2	0.4	Ryehill Demense Sector Entrance	Right turn into loose gravel track	Right turn onto gravel
148.2	1.4	Stonehall Sector Exit	Left onto L3110 towards Mullagh Hill	Left onto L3110
ż		Gravel Sector	Narrow Gravel Road/Sector (3.3 km long)	Narrow gravel bog road with tight bends
144.9	4.7	Stonehall Sector Entrance	Left turn into gravel sector	Left turn into gravel sector
143.2	6.4	Parkacurry	Right turn at Parkacurry	Right Turn
141.6	8	Mullagh Hill T-junction	Left onto L3110 towards Abbeyknockmoy	Left onto L3110
139.7	9.9	Monivea Cross	Left turn at Monivea Cross towards Mullagh Hill	Left at T-Junction
139.3	10.3	Monivea Village	Straight through Monivea Village	Straight through Monivea Village
133.3	16.3	Cussaun Cross	Left turn onto R339 towards Monivea	Left turn onto R339
125.2	24.4	Right turn onto R3467 towards Athenry	Right turn onto R3467	Right turn onto R3467
124.5	25.1	Motorway mini-roundabout two	Straight through Roundabout	Straight through Roundabout
124.4	25.2	Motorway mini-roundabout one	Straight through Roundabout	Straight through Roundabout
123.6	26	Turloughmore roundabout	Left at first exit onto N63	Left onto N63
123.2	26.4	Clover Park Sector Exit	Right exit from sector	Right onto descent towards Turloughmore Roundabout
122.1	27.5	Clover Park Tunnel Exit	Left onto gravel road	Left turn exiting tunnel
122.0	27.6	Clover Park Tunnel Entrance	Left turn with hay bales protecting concrete wall	Caution: Left turn into narrow tunnel